



# UUCVH MONTHLY NEWSLETTER

## Unitarian Universalist Church of the Verdugo Hills

### SUNDAY SERVICES FEBRUARY 2025

## FEBRUARY 2025

4451 Dunsmore Ave.  
La Crescenta, CA 91214  
818.248.3954  
uucvh@uuverdugo.org  
[www.uuverdugo.org](http://www.uuverdugo.org)

Join us on Sunday  
at 10:30 AM

in person or on ZOOM  
**Meeting ID: 863 6623 2290**  
**and Passcode: 338258**

Our church is a progressive and inclusive community dedicated to respecting the inherent worth and dignity of everyone.

#### UUCVH Board of Trustees

- President: Mary Madill
- Vice President: Bill Poehner
- Secretary: Valerie Weston
- Treasurer: Alan Kleinsasser
- Trustee: Linda Hunt



**2/2/25**

### CRISIS OF FAITH

**VALERIE WESTON, LAY LEADER**

Discussion Sunday in Friendship Hall. Sometimes we feel that life is meaningless and that all that we've done or strived for is meaningless, useless: the spiritual beliefs we've held no longer ring true; institutions serve themselves; people let us down. What can you do to rebuild your faith, regain courage and find new meaning in life?

**2/9/25**

### BE CURIOUS -- NOT FURIOUS! BRAVER ANGELS

Representatives from "Braver Angels," an organization dedicated to helping depolarize America, will return to talk more about how we can have civil conversations and relationships with people whose political beliefs may differ from ours. Learn more about how to "depolarize" yourself and your interactions.

**2/16/25**

### THE MYSTERIOUS HISTORY OF MAGIC

In this recorded message we will learn about the fascinating history of the magical arts through time: its ancient origins, its development in various civilizations, its complex relationship with early spiritual practices, and its legacy kept alive by various secret societies throughout the centuries.

**2/23/25**

### MAGIC RECIPES: SCIENCE AND THE PROFOUND MEANING OF SPRING

Eggs and seeds are quintessential symbols of birth and spring, but did you ever really contemplate the magic that hides inside them? The new science of emergence is like  $1+1 = \text{poetry}$ ; it's magic, but also rigorous science, and spring is full of this magical unfolding. The secret is (shhh...) we are that magic, too!

**3/2/25**

### DISCUSSION SUNDAY - CANVASS

We will explore what our members are currently feeling about UUCVH. What are you enjoying; are there areas where you'd like to see improvement; what else can we be doing?



# FEBRUARY 2025

NOTE: PRIVATE RENTALS ARE NOT INCLUDED IN THIS CALENDAR.

SUNDAY MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY SATURDAY

Sunday Services begin at 10:30 A.M. In Person or on Zoom <a href="#">Click here to join the meeting.</a> Meeting ID: 863 6623 2290 Passcode: 338258						1
2 10:30 service Crisis of Faith Potluck Luncheon Worship Comm. mtg.	3	4	5	6	7	8
9 10:30 service Braver Angels	10	11	12	13	14 <i>Happy Valentine's Day</i> 	15
16 10:30 service The Mysterious History of Magic Board Meeting after service	17 Presidents Day 	18	19	20	21 12:00 noon Potluck Luncheon 	22
23 10:30 service	24 Newsletter Deadline	25	26	27	28 6:00 PM Movie Night 	

*Our Sunday services and weekly events are designed to inspire, educate, reassure, and foster thought and action.*

*We welcome you with open arms or join us on [ZOOM](#).*

## PRESIDENT'S MESSAGE

MARY MADILL

2025 is certainly starting as a year of change. Changes in our families, changes in our neighborhoods, change in the climate, changes in the political area. I guess Valerie and the Worship Committee were looking ahead when the theme last year was focused on change. Change is constant in our life. Eric Kleinsasser, in his message last year, asked us to apprehend it. Look for it in the edges as opportunity to learn something, do something new or with a new perspective.

For myself, I gained a whole new perspective of community this past month. The fires that threatened our community brought so many people together. Mel and myself received emails and texts from concerned friends and family. It brought us closer to many that we hadn't connected with for a while. It made us aware how big our support circle is.

The same thing happened for the church. Many fellow UU groups reached out offering support, be it temporary housing or monetary. The church itself served as a support location as we checked on each other and several members came by because of power outages at their homes. Sharing a zoom service with Neighborhood UU widened our circle of UU support.

It all gave me a new perspective on how churches provide an extended web of support. I felt much comfort, seeing the outreach, knowing we are surrounded by caring people in times of need. This year has definitely started with a lot of change and I am keeping an eye on what new perspectives and insights it brings me. I look forward to sharing yours at Sunday Service or over coffee at UU Verdugo.



## WHAT'S HAPPENING

**Third Friday Potluck Luncheon**  
**February 21**  
**at noon in Friendship Hall**

*Bring your favorite dish and enjoy good company  
and engaging conversation!*



Remember to bring non-perishable food items on Sunday mornings for our Food Bank partners:

***Making It Happen***  
and  
***Bailey Food Bank in Tujunga***



*THANK YOU*



We are so grateful to the anonymous angels who have dropped off new towels, clothing, and household items on our doorstep, for people who have been affected by the fires. We will be delivering these to the YMCA where items are being distributed to fire victims. Thank you Betsy for delivering the items!

### **ASCENCIA "GUEST CHEF"**



**THANK YOU** to Paula and her team for preparing dinner for Ascencia on 5th Mondays! Our next "Guest Chef" date will be **March 31** (Mexican theme!!). Please let Paula know if you'd like to help!



**MOVIE NIGHT**  
**Friday, February 28**  
**6:00 PM**

**"Moonstruck"**  
with  
**Cher and Nicolas Cage**

**♥♥♥♥ GET INVOLVED! ♥♥♥♥**

Enjoying our Sunday morning services? Do you have an idea of something you'd like to hear or talk about? As a Fellowship we plan together to create topics and themes for upcoming Sunday services. Please join us for our Sunday Service/Worship committee meeting on

***Sunday, February 2***  
***after the service***

For further info contact Valerie at:  
valeriew@uuverdugo.org.



***"Love is the only force capable of transforming an enemy into a friend."***



*Martin Luther King, Jr.*



@UUVerdugo



818-248-3954



uucvh@uuverdugo.org



UUVerdugo



@VerdugoUU